

MERSEY ROADS CLUB

On behalf of the Liverpool district promotes the 79th subscription

TWENTY FOUR

(established 1937)



24 Hour

National Championship

First rider starts at 13:09 hours on Saturday 22nd July 2023

promoted for and on behalf of Cycling Time Trials under its rules, regulations and conditions Incorporating the V.T.T.A. 24 Hour National Championship

Event Organiser

Jon Williams 6 Balfour Road, Prenton, Merseyside CH43 4UD Tel: 0151 653 7870 Mob: 07753612619 e-mail: MerseyRoads24@outlook.com Any complaints should be sent to the event organiser, in writing, within 48 hours of the finish.

Principal Timekeeper Edwin Hargraves Cycling Time Trials Representative David Barry Course Controller Jon Williams & Sam Williams

Event HQ Farndon Community Club, Sibbersfield Lane, Farndon, Cheshire, CH3 6NX

> Please follow our Facebook or Twitter page for latest updates: www.facebook.com/MerseyRoads24 Twitter.com/MerseyRoads24

CYCLING TIME TRIALS NATIONAL CHAMPIONSHIP AWARDS

A prize presentation will be held in the HQ after the event for the principal awards. Awards are determined by Cycling Time Trials.

MEN

1 st	RTTC Medallion, Championship Trophy & Cap
2 nd	RTTC Medallion
3 rd	RTTC Medallion

WOMEN

1 st	RTTC Medallion, Championship Trophy & Cap
2 nd	RTTC Medallion

TEAM AWARDS

First Team of three men First Team of three women

Age Group Awards:

furthest distance in the following age categories - MEN & WOMEN

- A 40-44
- B 45-49
- C 50-54
- D 55-59
- E 60-64
- F 65-69
- G 70-74
- H 75-79

<u>Awards and prizes – eligibility</u>

Only riders whose names appear in the official result qualify for awards

MERSEY ROADS CLUB AWARDS

(made independently of any other awards and prizes gained)

Men's Awards

The competitor completing the greatest solo distance in 24 hours, will hold the **Percy Brazendale Cup** for one year and will receive a prize of **£150**

2nd Place - **£100** 3rd place - **£80**

Women's Awards

The woman completing the greatest solo distance in 24 hours will hold the **Turner Cup** for one year and will receive a prize of **£150**

> 2nd Place - **£100** 3rd place - **£80**

Team Awards

Fastest Men's team

Team with the greatest aggregate distance will hold the **Booth Memorial Shield** for one year and receive a prize of £40 each

Fastest Women's team receive a prize of £40 each

Fastest Mixed team receive a prize of £40 each

OTHER AWARDS

(made independently of any other awards and prizes gained)

Charlie Taylor Memorial Trophy

The rider whose finishing distance is closest to 352 miles.

Marcher Cup

The solo rider with the greatest aggregate distance in the Mersey Roads Club 24 Hour and the Welsh 12 Hour Championship

The Johnson Trophy

Awarded to the tandem or tandem trike pair covering the greatest distance

The Minto Trophy

Awarded to the rider with the greatest distance from a Yorkshire based club

Mick Potts Memorial Prize

£40 awarded to the rider aged 50 or over with the greatest mileage donated by Mick's other dad

Whinnerah Memorial Trophy

property of the Barrow Central Wheelers Fastest VTTA member on standard

Calcutta Cup

This cup is awarded to the rider with the greatest distance from a club in the Liverpool DC.

Please be aware there are no separate awards for Road or TT bikes in this event as riders are able to change machines as they wish



V.T.T.A. CHAMPIONSHIP AWARDS

All awards are determined by the VTTA

Awards are for performance on Age Adjusted Distance (AAD) and are made regardless of the number of entries and irrespective of any prizes given by the promoting Group.

Solo awards

1st on AAD overall: C W COOKE CUP

1st Man on AAD: National Men's Champion title, Gold Medal and Championship Jersey 2nd Man on AAD: Silver Medal 3rd Man on AAD: Bronze Medal

1st Woman AAD: National Women's Champion title, Gold Medal and Championship Jersey 2nd Woman on AAD: Silver Medal 3rd Woman on AAD: Bronze Medal

Team Awards

Club teams shall consist of three first claim members of the same club.

Group teams shall consist of three members of the same Group.

In each case, the team with the best result on standard shall be the Championship Team and a medal will be awarded to each member of the team.

Tandem awards

The pair with the best result on AAD will be the Tandem Champions and will receive VTTA gold medals.

Note on eligibility

To be eligible for Championship awards, riders must be paid-up VTTA members at the closing date for entries and have linked online VTTA and CTT accounts (so their membership can be automatically verified).

Riders who are aged 39, but who will be aged 40 by the day of the Championship, may apply to the Championship organiser to be included on condition that they will have completed an online membership application prior to the day of the championship which the organiser can check.

Riders 2023

No.	Name	Club		Age	Start
9	Charles Kitson	Banbury Star Cyclists' Club		61	13:09
10	Hugh Culverhouse	Weybridge Wheelers		71	13:10
11	Geraint Catherall	Anfield BC	V	49	13:11
12	Rob Rix	Southport CC	V	75	13:12
13	Rose Price	Born to Bike - Bridgtown Cycles	W	19	13:13
14	Brian Hygate	Fareham Wheelers CC	V	85	13:14
15	Ray Retter	Born to Bike - Bridgtown Cycles	V	77	13:15
16	John Hassall	Bossard Whs	V	78	13:16
17	Bob Richards	Royal Navy & Royal Marines CA	V	65	13:17
18	Sue Satchithananda	Crewe Clarion Wheelers	W	52	13:18
19	Shaun Hargreaves	Audax UK		55	13:19
20	Greg Elwell	VTTA (Yorkshire)	V	49	13:20
21	Pete Bishop	Exeter Whs CC	V	63	13:21
22	Adrian Lee	Reading CC		64	13:22
23	Hollie Labunsky	Port Talbot Whs CC	W	37	13:23
24	Lawrence Webster	Aberdeen Wheelers		61	13:24
25	Sean Sanders	Drighlington BC	V	53	13:25
26	Roger Squire	Fibrax Wrexham RC	V	54	13:26
27	Joseph North	Audax UK		36	13:27
28	Amy Hudson	Velo Bavarian	W	27	13:28
29	Philip Wade	North Lancashire Road Club		39	13:29
30	Neil Lauder	Arctic Aircon RT		40	13:30
31	Matt Seward	Thanet RC		35	13:31
32	Jonathan Pontin	Addiscombe CC		32	13:32
33	Corinna O'Connor	Coventry Road Club	W	50	13:33
34	Richard Walker	VTTA (North Midlands)		56	13:34
35	lan To	360VRT	Та	42	13:35
	Ingeborg Oie	360VRT	WTa	40	
37	Jez Willows	Sherwood CC	V	58	13:37
38	Ian Ryall	Audax UK		57	13:38
39	Philip Jones	Peterborough CC	V	64	13:39
40	Timothy Welsh	Cambridge CC		27	13:40

W = woman Ta = tandem V = eligible for VTTA prizes

Riders 2023

No.	Name	Club		Age	Start
41	Robert Tomlinson	Sotonia CC		51	13:41
42	Gareth Jones	Clevedon & District Road Club		53	13:42
43	Carolyn Chambers	North Argyll CC	W	37	13:43
44	James Rees	SKCC		45	13:44
45	Michael Hutchinson	Arctic Aircon RT		49	13:45
46	Ben Cox	Fibrax Wrexham RC		37	13:46
47	Nigel Briggs	South Pennine RC	V	62	13:47
48	Dominic Smith	QN Racing		45	13:48
49	Paul Molyneux	Welland Valley CC	V	60	13:49
50	Mark Turnbull	TORQ Performance		50	13:50
51	Jez Shotter	Brighton Excelsior CC		53	13:51
52	Andrew Askwith	Vive Le Velo	V	58	13:52
53	Joanna Cebrat	360cycling	WV	44	13:53
54	Stuart Edwards	Royal Navy & Royal Marines CA	V	58	13:54
55	Joe Gorman	Arctic Aircon RT		38	13:55
56	David Greenwood	Rye & District Wheelers CC	V	58	13:56
57	Alec Dovinson	Mansfield Road Club		34	13:57
58	Mark Leadbetter	Flying Kippers	V	56	13:58
59	Christian Geldard	North Hampshire RC	V	48	13:59
60	Lee Williams	FTP (Fulfil The Potential) RT		38	14:00
61	Seán O'Shah	Audax UK		51	14:01
62	Adam Rogers	Eastbourne Rovers CC	V	48	14:02
63	Chris Murray	Army Cycling	WV	46	14:03
64	Ben Goodwin	Fibrax Wrexham RC		25	14:04
65	Doug Hart	Ilkley CC	V	50	14:05
66	Leon Marshall	Royal Navy & Royal Marines CA		43	14:06
67	Angus Swanson	Stirling Bike Club	V	55	14:07
68	Bradley Woodruffe	Ribble Cycles		26	14:08
69	Chris Hopkinson	API/Anglia Sport		55	14:09
70	Robbie Mitchell	Auchencrow Thistle CC	V	42	14:10
W = w	voman Ta = tandem V	' = eligible for VTTA prizes			

W = woman Ta = tandem V = eligible for VTTA prizes

VTTA Groups

No.	Name	VTTA Group
16	John Hassall	East Anglia
39	Philip Jones	East Anglia
37	Jez Willows	East Midlands
47	Nigel Briggs	East Midlands
49	Paul Molyneux	East Midlands
56	David Greenwood	Kent
53	Joanna Cebrat	Manchester & North West
11	Geraint Catherall	Merseyside
26	Roger Squire	Merseyside
12	Rob Rix	North Lancashire and Lakes
34	Richard Walker	North Midlands
58	Mark Leadbetter	Scotland
67	Angus Swanson	Scotland
70	Robbie Mitchell	Scotland
62	Adam Rogers	Surrey/Sussex
14	Brian Hygate	Wessex
59	Christian Geldard	Wessex
63	Chris Murray	Wessex
15	Ray Retter	West
17	Bob Richards	West
21	Pete Bishop	West
54	Stuart Edwards	West
20	Greg Elwell	Yorkshire
25	Sean Sanders	Yorkshire
52	Andrew Askwith	Yorkshire
65	Doug Hart	Yorkshire

MRC 24 hour - Course details 2023

Only the fastest riders will complete the full course.

Riders will be moved onto the next section of the race at the discretion of the course controller. This will depend upon the speed at which the fastest riders complete each section. This will be at approximately 10pm (section 4), 6am (section 5) and 10am (towards finishing circuit). Pay attention to the marshals at all times.

All distances are given in miles and decimal parts thereof. Bold text indicates a mileage reference point.

Bold text indicates a mileage reference	e point.	
Section one	Inter.	Cumul
Start on the old A534 on the Churton side of the		
H.Q. At the T.P. No 8 proceed to the B5130 turn		
left to A534 and turn left to Broxton Island	3.90	3.90
where Right on A41. Straight on via Hampton		
Heath		
RAB to RAB (Grindley Brook)	8.73	12.63
Right via A49/A41 (Whitchurch outer by-pass)		
Straight on at RAB (Wrexham Rd.) on A49/A41		
and take 3 rd exit at RAB (Wem Rd)	2.27	14.90
to continue on A49/A41 via Whitchurch south		
RAB		
where Right along dual carriageway (A49/A41)		
to RAB (Prees Heath)	1.70	16.60
<u>Section two</u>		0.00
From Prees Heath follow A41 to RAB (Tern Hill)	6.98	23.58
where Right on A53 to RAB (Espley)	3.33	26.91
where Left on A442 to RAB (Shawbirch)	9.39	36.30
where encircle & retrace to RAB (Espley)	9.43	45.73
where encircle & retrace to RAB (Shawbirch)	9.39	55.12
where encircle & retrace to RAB (Espley)	9.43	64.55
where Right on A53 to RAB (Tern Hill)	3.34	67.89
where Left on A41 to RAB (Prees Heath)	6.92	74.81
sharp Left at 1st exit of RAB & take A49		
southbound to RAB (Battlefield Church)	13.99	88.80
where encircle & retrace to RAB (Prees Heath)	14.02	102.82

<u>Section three:</u> Quina Brook circuit	
(1 lap = 12.62 miles) <u>In</u>	ter.
Commence circuit at RAB (Prees Heath)	
Straight on at 1 st exit (NOT the service road)	
via A49/A41 to RAB (Wem Rd) where Left on	
B5476 1	66 104.48
via Tilstock & Quina Brook.	
Turn Left on unclassified road 5	5.15 109.63
Proc. to 'T' junction with A49 where Left on A49 2	2.20 111.83
(Give way ! Great care is needed at this junction.)	
Proceed on A49 via Prees by-pass to RAB (Prees	
	3.61 115.44
to complete the circuit	
Repeat this circuit as follows.	
RAB (Prees Heath) 2 nd time 12	128.06
RAB (Prees Heath) 3 rd time 12	140.68
RAB (Prees Heath) 4 th time 12	2.62 153.30
RAB (Prees Heath) 5 th time 12	2.62 165.92
RAB (Prees Heath) 6 th time 12	2.62 178.54
RAB (Prees Heath) 7 th time 12	2.62 191.16
RAB (Prees Heath) 8 th time 12	2.62 203.78
Continue forme wight continue	
<u>Section four</u> : night section Prees Heath - Battlefield – Prees Heath (28.12	
miles)	
encircle RAB(Prees Heath) to A49 southbound to	
	.10 217.88
where encircle & retrace to RAB (Prees Heath) 14	.02 231.90
to complete the 1 st lap	

Lap 2 Prees – Battlefield - Prees	28.12	260.02
Lap 3 Prees – Battlefield - Prees	28.12	288.14
Lap 4 Prees – Battlefield - Prees	28.12	316.26
Lap 5 Prees – Battlefield - Prees	28.12	344.38
Lap 6 Prees – Battlefield - Prees	28.12	372.50
<u>Section five</u> : Quina Brook circuit		
One lap = 12.62 miles		
for A49/A41 northbound via the Whitchurch by-		
pass &		
proceed to RAB (Wem Rd)		
Where Left on B5476L	1.66	374.16
via Tilstock and Quina Brook		
turn Left on unclass. road	5.15	379.31
Proc. to 'T' with A49 where Left on A49	2.20	381.51
(Give Way ! Great care is needed at this junction.)		
Proc. via Prees by-pass to Prees Heath RAB	3.61	385.12
Repeat this circuit as follows.	0.01	565.12
2 nd time RAB (Prees Heath)	12.62	397.74
RAB (Prees Heath) 3 rd time	12.62	410.36
RAB (Prees Heath) 4 th time	12.62	422.98
RAB (Prees Heath) 5 th time	12.62	435.60
RAB (Prees Heath) 6 th time	12.62	448.22
Proceed to Wem Rd. RAB Straight on along	1.66	449.88
A49/A41 to RAB (Wrexham Rd)	1.43	451.31
where Left on A525 (SP Wrexham)		
Continue via Cross Lanes (junc. A525/B5130)		
CAUTION! This junction is protected by traffic		
lights.		
You MUST stop if the lights are on red.		

Proceed Straight on and take 2 nd exit at Cross Lanes		
RAB	11.19	462.50
first gate on left TK1	0.26	462.76
Finishing circuit details		
one lap = 8.18 miles		
first gate on left TK1		
2 nd exit at Bridge Road South RAB		
again 2 nd exit at Clywedog South RAB		
Straight on at Clywedog East RAB		
again Straight on at HMP RAB		
Left at 'T' junction		
TK2 entrance to Bicks Meat & Poultry	2.16	464.92
Left (1st exit) at Wrexham Industrial estate RAB		
to Lan-y-Pwll RAB where encircle and retrace to		
Wrexham Industrial estate RAB where Left (1st exit)		
along Bryn Lane to TK3 (entrance to field gate on left		
before entrance to Kellogs factory)	2.77	467.69
continue to T-Junction where turn RIGHT		
*RIDERS MUST KEEP LEFT OF THE CONES AT THIS		
TURN* continue on Oak Road/Redwither Road until LEFT on		
the A525 Bridge Road South		
Straight on at HMP RAB to continue on A525 Bridge		
Road South		
Straight on at Clywedog East RAB to continue on A525		
Bridge Road South		
TK4 at total engineering solutions	1.96	469.65
Straight on at Clywedog South RAB to continue on A525 Bridge Road South		
At Bridge Road South RAB straight on to continue on		
A525		
Continue to Cross Lanes RAB where encircle, take 3 rd		
exit and retrace to TK1 to complete a circuit	1.29	470.94

Lap Nº	<u>TK2</u>	<u>TK3</u>	<u>TK4</u>	<u>TK1</u>
2	473.10	475.87	477.83	479.12
3	481.28	484.05	486.01	487.30
4	489.46	492.23	494.19	495.48
5	497.64	500.41	502.37	503.66
6	505.82	508.59	510.55	511.84
7	514.00	516.77	518.73	520.02
8	522.18	524.95	526.91	528.20
9	530.36	533.13	535.09	536.38
10	538.54	541.31	543.27	544.56
11	546.72	549.49	551.45	552.74
12	554.90	557.67	559.63	560.92
13	563.08	565.85	567.81	569.10
14	571.26	574.03	575.99	577.28
15	579.44	582.21	584.17	585.46
16	587.62	590.39	592.35	593.64

On the finishing circuit

Once a riders 24 hours has elapsed they should keep riding until they reach either TK1 TK2 TK3 or TK4. Final mileage will be extrapolated based on the speed between the TK passed before your time elapsed and the TK after time elapsed.

Links to Maps of each Section

Start – Prees https://ridewithgps.com/routes/43527241



Prees-Shawbirch-Espley-Shawbirch-Prees https://ridewithgps.com/routes/43527282



Battlefield https://ridewithgps.com/routes/43527309



Quina Brook Circuit https://ridewithgps.com/routes/43527325



Prees to Finishing Circuit https://ridewithgps.com/routes/43527359



Finishing Circuit https://ridewithgps.com/routes/43527398



RIDERS INSTRUCTIONS

- * Any incidents should be reported immediately to the organiser Jon Williams (07753612619)
 - *At traffic lights riders must obey the highway code and STOP if the light is red
 - *Local regulation: Riders must not ride on tri bars within 25 metres of entering and 15 metres of exiting Prees Heath & Tern Hill Roundabouts
 - * Riders without adequate lighting will be disqualified.
- * Under Cycling Time Trials (CTT) regulations you MUST wear a hard shell helmet that meets an internationally accepted safety standard.
 - * It is mandatory that a working front and rear light, either flashing or constant, are fitted to the machine and are active at the start of the event
 - * Pedal reflectors must be used at night to conform to the highway code
 - * Riders who decide to abandon the event must let the officials know as soon as possible. You must sign off.
 - * Support vehicles must be registered, please complete your form in advance and bring it with you
 - * Course controller may direct riders to omit or repeat certain parts of the course, support teams should find out from the marshals if their rider is to be detoured.
 - * Please take extra care on the Quina Brook circuit when joining the A49.
 - * Riders must ensure their race numbers are visible at all times. Please also call your number out for the marshals during the night time period.

* Please ask your support crew to behave safely and wear Hi Visibility clothing. Please park considerately and think of other competitors, road users and residents

THE FITTING OF TWO LIGHTS AT FRONT AND REAR IS STRONGLY RECOMMENDED. BE SEEN, BE SAFE.

FEEDING ARRANGEMENTS

For those without support crews night clothing, lights and other supplies may be handed to the signing on steward at the start of the event. Items must be clearly marked with your name and race number, when required, these can be accessed at Prees island in the MerseyTri gazebo during the main circuits. They will then be moved to the finishing circuit on the left hand side of the road after the right turn.

DOPING CONTROL.

Remember all riders must sign off when they finish or retire from the race. Signing sheets will be at the HQ from commencement of the finishing circuit or Prees RAB during the rest of the event

This event **may** be subject to a Doping Control. As soon as you have finished you should return to the event HQ as it is **your responsibility** to check if you are required for Doping Control.

Race numbers required for Doping Control will be displayed at the HQ. If your number is displayed you should report immediately to Doping Control which will be nearby.

Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control as soon as possible after finishing.

John Taylor's the 24 Hour Story

In memory of the late John Taylor, Liz Taylor and their daughter Lynne Biddulph will be at the HQ of this year's event handing a complementary copy of his book "The 24 Hour Story" to all riders.

Volunteering at the 24 Hour

We're only able to keep this event going with the continued support of the many volunteers who take time out of their weekend to help. We are still in need of more volunteers.

If you are able to carry out one of the jobs in the marshalling schedule below please get in touch (AN other = we need a volunteer).

If you want your name on here next year – apply now.

Principal Time keeper	Edwin Hargraves
Time Keeper 1	Ian & Bridget Boon
Time Keeper 2	Dave & Jenny Yorke
Time Keeper 3	Edwin Hargraves, Ian Price & Dave Drew
Time Keeper 4	Geoff & Sandra Chaplin
Signage	David & Debbie Williams
Course Controller	Jon Williams & Sam Williams
Recorder	Barry Williams & Nick Lang
Signing on	Ruth Williams, Liz Taylor & Lynne Biddulph
Unsupported Riders Tent	Mike Wigley

Marshalling Schedule

please wait to be relieved by the next team or for the last man marshal to tell you all riders have completed the section

Location	Job	Time	Names
Section 1			
End of start lane	Left Turn	13:00	AN other
End of B5130	Left Turn	13:00	John Wafer
	Roundabout Right		
Broxton Island	Turn	13:00	Rob Newton & Bob Jump
	Roundabout Right		
Grindley Brook	Turn	13:00	Gordon Pierce
Wrexham Road	Roundabout straight		arrows unless someone
Island	on	13:00	available to marshal
Wem Road Island	Roundabout 3 rd exit	13:30	Brian Parry & John Kay
		13.30	brian Farry & John Ray
Whitchurch South	Roundabout Right	13:30	Janet Tebutt
Prees Heath	Roundabout Right	13.50	
Island (entrance	Roundabout 1 st exit &		
from Tern Hill)	Time check	13:30	Christine & Phillip Minto
Section 2			
	right turn & Time		
Tern Hill	check	13:45	Jim Ithell & Jim Hopper
Espley	left turn & time check	13:45	Norman & Sylvia Powell
	Roundabout encircle		
Shawbirch	& Time check	14:15	North Shropshire Wheelers
	Roundabout encircle		
Espley	& Time check card	14:45	Richard & Jackie Haigh
	Left Turn & time		
Tern Hill	check	16:00	Jim Ithell & Jim Hopper
Prees Heath	Roundabout Turn		
Island (entrance	Left 1st exit & Time		
from Tern Hill)	check	16:20	Christine & Phillip Minto
Battlefield	Roundabout encircle	47.00	Devid Deven 0. Chatter 1
Island	& Time check	17:20	David Barry & Sheila Hardy

Section 3			
Section 5	Roundabout straight		
	on 2nd exit, Time		Edwin Hargraves & Ian
Prees Heath	check card & Lap		Price, Brigid Night & Susan
Island	Card	18:00	Wilde
	Left turn & time		Dave Stokes, Brian Griffiths
Wem Road	check	18:00	& Stewart Smith
	Left turn & time		Alan Rowen, Geoff Manson
Quina Brook	check & Lap card	18:00	& Lynton Threadgold
	Left turn, time check		Ian & Bridget Boon &
Prees Green	& Lap card	18:00	Tommy Murphy
Section 4			
Prees Heath	Roundabout encircle,		Charles Russell, Neil
Island	time check	21:45	Skellern & John Forbes
	Roundabout encircle,		
	Time check & lap		
Battlefield	card	22:15	Port Sunlight Wheelers
	Roundabout encircle,		
Prees Heath	time check and lap		Charles Russell, Neil
Island	card	23:00	Skellern & John Forbes
Section 5			
	Roundabout straight		
Prees Heath	on 2nd exit & Time		
Island	check	05:45	Christine & Phillip Minto
	Left turn & time		Dave Stokes, Graham Mann
Wem Road	check	05:45	& AN other
	Laft turns times also als		
Outro Brook	Left turn , time check	00.00	Alan Rowen, Geoff Manson
Quina Brook	& lap card	06:00	& Lynton Threadgold
	Left turn, time check		Stewart Smith, Jim Hopper
Prees Green	& Lap card	06:00	& AN other
		00.00	
Wrexham Road	Left turn & time		
Island	check	10:00	Ellie Howarth & Alan Winn
Isiana	CHECK	10.00	

Finishing Circuit			
	2nd exit & Time		Richard & Jackie Haigh &
Cross Lanes RAB	check	10:20	Alison & Martin Purser
Bridge Road			
South RAB	2nd exit	10:20	Guy Stapleford
Clywedog Road			
South RAB	2nd exit	10:20	Helen Tudor
Clywedog Road			
East RAB	Straight on	10:20	AN other
HM RAB	Straight on	10:20	AN other
Oak			
Road/Redwither			
Road 'T'			
junction	Left turn	10:20	Gordon Pierce
Wrexham			
Industrial estate			
RAB	Left turn	10:20	Brigid Night & Susan Wilde
			Brian Parry, Bob Williams
Lan-y-Pwll RAB	Encircle and retrace	10:20	& Graham Smith
Wrexham			
Industrial estate			John Wafer & Andrew
RAB	Left turn	10:20	Rogerson
Bryn Lane T-			-
Junction	Right Turn	10:20	David Barry & Sheila Hardy
Oak			
Road/Redwither			
Road 'T'			
junction	Left turn	10:20	Bob Jump

Advice for Marshals

The most important thing when marshalling is to ensure your own safety. DO NOT STAND IN THE ROAD. Wear a Hi-vis jacket.

During the 24 hour event the Time Check cards completed by marshals are very important. If you don't see a riders number please just write the time and a ? in the number column.

When marshalling at a roundabout please have somebody standing at the entrance point of the roundabout indicating which way to turn and the exit point showing the way so it is as clear as possible where the riders must go. If you have enough marshals then cover all the exits from the roundabout to ensure riders do not take the wrong one.

If you see somebody with no or inadequate lights during the dark please ask them to stop and put some on. We will have some spare lights at the unsupported riders tent at Prees

At the unsupported riders tent your role is to look after the belongings stored there and lend a hand to any riders coming to access their things. This is just simple things like holding their bike or helping them find their bag.

Please remember to park and behave considerately particularly near to people's residences.

Previous Winners – Bicycle

Any performance which established a new CTT competition record is indicated by *

			ation record is indicated by *
Year	Winner	Club	Dist
1937	A. Smith	Vegetarian C. & A.C.	420.50
1938	A. Smith	Colne Valley CC	437.50
1939	A. Smith	Colne Valley CC	438.75
1947	H. Skinner	Walton C. & A.C.	411.37
1948	H. Okell	Mersey Roads Club	412.62
1949	S. E. Harvey	Addiscombe CC	438.37
1950	C. Bate	Mercury RC	437.71
1951	A. Vale	Warrington RC	436.83
1952	P. E. A. Carter	South Lancs RC	451.96
1953	P. E. A. Carter	South Lancs RC	459.48
1954	J. F. Arnold	Middleton CC	466.73
1955	P. E. A. Carter	South Lancs RC	464.65
1956	P. E. A. Carter	South Lancs RC	461.08
1957	J. Liversidge	Rutland CC	467.82
1958	C. Bate	South Lancs RC	458.64
1959	G. J. Kay	Lancashire RC	458.10
1960	K. Usher	Crouch Hill RC	454.59
1961	A. C. Harding	Middlesex RC	470.36
1962	K. Usher	Crouch Hill RC	474.02
1963	E. W. Matthews	Altrincham RC	473.30
1964	E. W. Matthews	Altrincham RC	490.03*
1965	N. Carline	Morley CC	485.09
1966	H. Bayley	Solihull CC	462.12
1967		Beacon Roads CC	475.38
1968	E. W. Matthews	Altrincham RC	486.01
1969	R. Cromack	Clifton CC	507.00*
1970	S. Lea	Warrington RC	441.99
1971	M. Potts	Derby Wheelers	475.15
1972	R. Stapleton	Weaver Valley CC	457.80
1973	N. Carline	Morley CC	490.31
1974	G. Berwick	Glasgow RC	454.92
1975		Beacon Roads CC	478.69
1976	R. C. Goodfellow	Beacon Roads CC	476.00
1977	J. D. Cahill	N. Staffs St. Chris.	477.25
1978	C. Chambers	Sharrow CC	454.68
1979	A. Mansley	East Liverpool Whs	445.76
1980	M. J. Judge	Seamons CC	454.76
1981	J. Woodburn	Manchester Whs	488.43
1982	R. C. Goodfellow	N.Lancs RC	456.74
1983	B. Morris	Mid Shrops Whs	474.74
1984	M. C. Green	North Road CC	460.13
1985	I. S. Dow	Oxford City RC	480.55

Previous Winners – Bicycle

Any performance which established a new CTT competition record is indicated by *

	ly performance which es	stabilished a new CTT competition record is	indicated by "
Year	Winner	Club	Dist
1986	P. M. Stoaling	Wessex RC	450.58
1987	A. Flavell	Wolverhampton Whs	442.52
1988	J. D. Cahill	Horwich CC	452.00
1989	I. Butcher	Bedfordshire CC	493.53
1990	J. L. Clarke	Rutland CC	436.65
1991	M. Potts	Derby Mercury CC	486.65
1992	I. Gray	Derby Mercury CC	463.02
1993	P. P. Barlow	Kiverton Park CC	490.88
1994	A. Wilkinson	Port Sunlight Whs	496.16
1995	A. Wilkinson	Port Sunlight Whs	501.39
1996	D. Brabbin	Wigan Whs	462.41
1997	A. Wilkinson	Adidas Scicon	525.07*
1998	E. Hargraves	Abercynon RC	462.20
1999	Karl Austin	Congleton CC	448.16
2000	Gethin Butler	Preston Wheelers	509.25
2001	Gethin Butler	Preston Wheelers	485.88
2002	David Shepherd	Rother Valley CC	482.12
2003	Gethin Butler	Preston Wheelers	471.21
2004	Nik Gardiner	timetrial.co.uk RT	479.13
2005	Nik Gardiner	timetrial.co.uk RT	493.08
2006	Nik Gardiner	John's Bikes	504.02
2007	Eamonn Deane	Bournemouth Jubilee	501.04
2008	Nik Gardiner	John's Bikes	513.65
2009	John Warnock	Twickenham CC	497.12
2010	John Warnock	Twickenham CC	520.18
2011	Philip Kelman	Deeside Thistle CC	479.19
2012	Ultan Coyle	Rapha Condor CC	488.99
2013	Stuart Birnie	Willesden CC	518.37
2014	Gregory Woodford	Reading CC	482.92
2015	Michael Broadwith	Arctic Tacx RT	537.35
2016	Michael Broadwith	Arctic Tacx RT	532.82
2017	Michael Broadwith	Arctic Tacx RT	532.56
2018	Andy Jackson	AeroCoach	530.61
2019	Graham Kemp	Team Bottrill	544.32**
2020	Event cancelled du	e to Covid-19 Pandemic	
2021	Robbie Mitchell	Auchencrow Thistle CC	521.68
2022	Nick Tarmey	Velo Club Venta	516.56
Current C	TT competition reco	ord:	
2019	Graham Kemp	Team Bottrill	544.32

Previous Winners – Tandem

Any performance which established a new CTT competition record is indicated by *

(current record **) ((Tri) indicates the machine was a tandem tricycle) ((Mix) indicates a mixed tandem pair)

Πt			as a tandem tricycle) ((IVIIX) Indicates a mixed tan	uem pair)
	Year		ub(s) Dist	407 50
	1981	P Kenny/JW Taylor	Birmingham St Christopher's (Tri)	407.50
	1982	P Kenny/LE Lowe	Birmingham St Christopher's/Speedwell BC	
	1983	I Boon/B Boon	Clevedon Dist. R.C. (Mix)	421.89*
	1984	SE Cruse/RW Smith	Maldon Dist. C.C./Essex Roads CC	438.33*
	1985	I Boon/B Boon	Bristol D.A. C.T.C. (Mix)	443.27
	1986	MJ Brooking/J Jennings	Willesden C.C.	410.45
	1989	AB Cundy/RE Stokes	Shirley R.C.	386.54
	1991	RC & PB Goodfellow	North Lancs. RC/ Sheffield University CC	501.35**
	1992	P Kenny/PJ Gifford	Birmingham St. Christopher's (Tri)	382.09
	1993	•	Willesden C.C./Seacroft Whs (Tri)	401.22
	1994	R Van Hesswijk/D Harris	Tandem Club	385.82
	1995	S Powell/N Powell	Wyre Forest C.R.C. (Mix)	349.76
	1996	G Simmons/T Greenwoo	d Windmill Triathalon Club	399.57
	1997	S Light/P Ward	Mersey Roads Club	231.88
	2000	D Brabbin/E Brabbin	Wigan Wheelers (Mix)	406.51
	2001	D Brabbin/E Brabbin	Wigan Wheelers (Mix)	439.54
	2002	D Brabbin/E Brabbin	Wigan Wheelers (Mix)	464.92**
	2003	N Harvey/M Corbett	Sotonia CC	366.92
	2004	G Shepherd/G Berwick	Mersey Roads Club/Edinburgh RC	392.29
	2005	R Dadswell/D Johnson	Antelope RT/High Wycombe CC(Tri)	466.72**
	2006	C Hopkinson/R Thoday	API Metrow/Matlock CC	473.79
	2007	J Carr/C Knapp	Cleveland Wheelers/Middridge CRT	299.47
	2008	A Hedley/A Southworth	VC167	395.85
	2009	C Knapp/R Crossley	Middridge CRT/VTTA North	403.51
	2010	B Richards/S Cox	RNRMCA	367.88
	2012	R.Dadswell/M Bloom	Antelope RT/Born to Bike RT (Mix Tri)	424.81**
	2013	S Hall/M Corbett	Andover Wheelers/Sotonia CC	369.47
	2014	S Cox/B Richards	RNRMCA	370.15
	2015	J.Moore/M.Brooking	Willesden C (Mix Tri)	347.95
	2016	M.Arnold/C.Hopkinson	CC Desiragear	486.21
	2017	D.Mclean/M.Leadbetter	Stirling BC	400.09
	2018	T.Hunt/S.Bubbear	Veruleam CC/Welwyn Wheelers	453.81
	2019	S.Pontin/J.Pontin	Addiscombe CC	413.52
	2020	Event cancelled due to C	ovid-19 Pandemic	
	2021	No Tandem Finished		
	2022	D.Mclean/M.Leadbetter	Flying Kippers	388.38
	Current C	TT competition records	<u>S:</u>	
	1991		– lorth Lancs. RC/ Sheffield University CC	501.35
	2002		Vigan Wheelers (Mix)	464.92
	2005		ntelope RT/High Wycombe CC (Tri)	466.72
	2012		Intelope RT/Born to Bike RT (Mix Tri)	424.81
	2013	•	Villesden CC (W Tri)	349.60
			· · · ·	

Previous Winners – Team

Any performance which established a new CTT competition record is indicated by * (current record **)

Agg	reg	Aggreg	
Year Team Winn	ers Dist	Year Team Winners	Dist
1947 Mersey Roads Club	1044.50	1985 Edinburgh RC	1251.54
1948 Mersey Roads Club	1196.75	1986 Edinburgh RC	1211.14
1949 Solihull CC	1233.25	1988 Wolverhampton Whs	1255.63
1950 Mersey Roads Club	1191.97	1989 Horwich CC	1226.26
1951 Mersey Roads Club	1251.61	1990 PembrokeshireVCC	1137.03
1952 Warrington RC	1285.57	1991 Derby Mercury RC	1311.25
1953 South Lancs RC	1305.51	1992 Severn RC	1245.98
1954 Merseyside Whs	965.19	1993 Kiverton Park CC	1408.20
1955 South Lancs RC	1328.30	1994 No Team Finished	
1956 South Lancs RC	1374.14	1995 Derby Mercury RC	1255.36
1957 Rutland CC	1378.75	1996 Mersey Roads Club	1143.9
1958 South Lancs RC	1351.29	1997 Norwood Paragon CC	1266.48
1959 Barrow Central Wh	1179.79	1998 No Team Finshed	
1960 Solihull CC	1234.17	1999 No Team Finished	
1961 Middlesex RC	1398.93	2000 Congleton CC	1236.22
1962 Solihull CC	1287.09	2001 Arctic Racing Team	1268.52
1963 Mid Shrops. Whs	1308.06	2002 Pete Read Racing	1237.85
1964 Speedwell BC	1232.08	2003 Walsall Roads CC	1229.70
1965 East Midlands CC	1384.62	2004 Walsall Roads CC	1292.83
1966 B'ham St Chris.	1243.56	2005 Walsall Roads CC	1256.52
1967 Otley CC	1204.60	2006 Cardiff Byways RCC	1311.02
1968 South Lancs RC	1262.94	2007 API Metrow	1307.11
1969 Tyne RC	1396.48	2008 Congleton CC	1359.84
1970 B'ham St Chris.	1204.28	2009 RNRMCA	1386.6
1971 Hull Thursday RC	1255.77	2010 RNRMCA	1377.20
1972 Stafford RC	1150.15	2011 Deeside Thistle CC	1285.21
1973 Tyne RC	1354.13	2012 Born to Bike RT	1208.75
1974 South Lancs RC	1212.76	2013 RNRMCA	1414.99
1975 South Lancs RC	1186.71	2014 Stirling BC	1343.25
1976 Redbridge CC	1327.72	2015 RNRMCA	1350.57
1977 N. Staffs. St Chris.	1360.25	2016 Arctic Tacx RT	1547.51**
1978 Cheshire Roads Club	1162.09	2017 Arctic Tacx RT	1340.81
1979 Mersey Roads Club	1187.96	2018 Arctic Tacx RT	1441.50
1980 Seamons CC	1200.19	2019 Arctic Tacx RT	1399.37
1981 N Staffs.St Chris	1391.86	2020 Event Cancelled due to	o Covid-19
1982 Otley CC	1136.30		1268.44
1983 West Pennine RC	1221.26	2022 Fibrax Wrexham RC	1229.70
1984 Worcester St Johns	CC 1222.75		
Current CTT competition	on record:		
2016 Arctic Tacx RT	M. Broad	lwith, J. Shubert, T. Bayley	1547.51

Previous Winners – Merseyside Ladies C.A.

Any performance which established a new CTT competition record is indicated by * (current record **)

Year	Winner	Club	Dist
1967	Christine Moody	Birdwell Whs	409.16*
1968	Christine Moody	Birdwell Whs	420.05*
1969	Christine Moody	Birdwelll Whs	427.86*
1970	Joan Kershaw	Liverpool Eagle RC	422.34
1973	Ethel Brambleby	Hounslow & Dist Whs	326.17
1974	Ethel Brambleby	Hounslow & Dist Whs	340.62
1975	Ethel Brambleby	Hounslow & Dist Whs	354.85
1976	Joan Kershaw	Prescot Eagle RC	404.82
1979	Jenny Colman	Scarboro.Parag.CC	370.05
1980	Dorothy Chase	Cardiff Ajax CC	356.09
1981	Kathy Bellingham	Vegetarian C & AC	372.55
1985	Jill Richards	Cardiff Ajax CC	382.68
1989	Jo Kirkham	Redmond CC	351.76
1990	Sheila Simpson	Doncaster Whs	408.07
1991	Sheila Simpson	Doncaster Whs	426.18
1992	Bridget Boon	Severn RC	437.62
1993	Christine Roberts	Crewe Clarion Whs	461.45*
1994	Christine Roberts	Crewe Clarion Whs	442.67
1995	Lynne Taylor	Walsall Roads CC	441.40
1996	Lynne Taylor	Walsall Roads CC	438.97
1997	Lynne Taylor	Walsall Roads CC	418.08
1998	Lynne Taylor	Walsall Roads CC	427.61
1999	Lynne Taylor	Walsall Roads CC	424.89
2000	Lynne Taylor	Walsall Roads CC	433.68
2001	Lynne Taylor	Walsall Roads CC	423.13
2002	Lynne Taylor	Walsall Roads CC	438.04
2003	Marina Bloom	Walsall Roads CC	413.25
2004	Lynne Taylor	Walsall Roads CC	443.14
2005	Marina Bloom	Walsall Roads CC	447.33
2006	Carol Westmorland	Border City Wheelers CC	445.41
2007	Lynne Taylor	Walsall Roads CC	459.29
2008	Rose Leith	Sorrento CC	352.50
2009	Marina Bloom	Rugby RCC	424.76
2010	Marina Bloom	Born to Bike RT	412.54
2011	Lynne Taylor	Born to Bike RT	425.03

Previous Winners – Merseyside Ladies C.A.

Any performance which established a new CTT competition record is indicated by * (current record **)

Year	Winner	Club	Dist
2012	Lynne Taylor	Born to Bike RT	438.13
2013	Lynne Taylor	Born to Bike RT	423.43
2014	Jill Wilkinson	Chester RC	432.50
2015	Lynne Biddulph	Born to Bike RT	412.45
2016	Lynne Biddulph	Born to Bike RT	418.07
2017	Jasmijn Muller	Born to Bike RT	456.42
2018	Crystal Spearman	NOPINZ	445.80
2019	Christina Murray	Army Cycling	478.42*
2020	Event Cancelled due to Co	ovid-19 pandemic	
2021	Christina Murray	Army Cycling	490.28**
2022	Steph Mottram	Vive Le Velo	445.82

Current CTT competition record:

2021	Christina Murray	Army Cycling	490.28
	,	, , 8	

Previous Winners – Women's Team

2016	Born to Bike RT	1069.38
2017	Born to Bike RT	1175.57
2018	Born to Bike RT	891.56
2019	Born to Bike RT	1143.15
2020	Event cancelled due to Co	vid-19 pandemic
2021	No Women's team entere	d
2022	No Women's team entere	d

Current	Team CTT Competition Record	
2004	Walsall Roads CC (L. Taylor, M. Bloom, T. Maund)	1292.83

Funding The Race

It has been a tradition, since 1937, that the 24 Hour event is funded by subscriptions from interested individuals, clubs and other organisations. These generous donations and the enthusiastic support of subscribers continue to be a valued feature of our event. This year's subscribers are listed below with our acknowledgement and **sincere thanks.** Any further subscriptions will be acknowledged in the result sheet.

Alan Atherton	Doug Hart
Joyce Blow	John Hatfield
Rosemary Boyes	Laurence Hewetson
Michael Broadwith	Harold Heyworth
David Carter	Jim Hopper
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David Grant	Chris Lowe
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Martyn Roach	Dave Unsworth
Clubs/Associations	
24 Hour Fellowship	Hounslow & District Wheelers

24 Hour Fellowship	Hounslow & District wheelers
Anfield BC	Mersey Roads Club
Barrow Central Wheelers	Merseyside Ladies CA

Halifax Imperial Wheelers

In Memory

John F Arnold	Margaret Hopper
Karl Austin	Keith Hyatt
Peter & Tommy Barlow	Mike Johnson
Bernard Blow	Alf Jones
Peter Boyes	George Kay
Nick Carter	Les Lowe
Bob Coward	Frank Mumford
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Shelagh Hargraves	John Taylor
Arthur Head	Ira Thomas
Les Heald	Jim & Anne Turner
Norman Maggs	Ronnie Webster
Tommy Melia	Janet Williams
Sam Moffatt	John Williams
Brian Morrison	JR Williams



Founded in 1960 to promote interest in twenty four hour time trials and all long distance events. We promote annually Long Distance Best All Rounder Competitions over the distances of 100 miles, 12 hours and 24 hours with a separate competition for Veteran Riders. Engraved certificates are issued to all riders completing the 3 distances.

Our Annual General Meeting is held in November, usually in the Midlands. We also publish two high standard Journals which are posted to every member, generally in March and October.

Annual Membership fees are: Individual £10.00 Family £12.00

Fees are renewable every January although members can commute membership for up to 5 years.

Further information can be obtained from the Secretary: John Hassall, 23 Hadrian Avenue, Dunstable, Beds. LU5 4SW. Telephone 01582 536 747.

Join direct by sending a cheque to the Treasurer Bob Richards, 9 Loughborough Road, St Budeaux, Plymouth, PL5 1NS Telephone 01752 215762. We need the following information: Name, address, telephone no, e-mail address, (if any) and any experience of riding or helping in 24's.

> Any rider wishing to be included in the 24 hour fellowship competitions please contact Tim Carpenter 8 Breer Street Fulham SW6 3HD or email <u>competition@24hourfellowship.org.uk</u>